

## Benefit Plan Contacts

MEDICAL			
Blue Shield of California (HMO and PPO)	California	(888) 235-1765	www.blueshieldca.com
Group Health (HMO)	Washington	(888) 901-4636	www.ghc.org
Providence Health Plans	Alaska	(800) 221-7339	www.providence.org/healthplans
Providence Health Plans	Oregon, Washington	(800) 878-4445 (503) 574-7500	www.providence.org/healthplans
PRESCRIPTION DRUGS			
Medco (HMO and PPO)	California, SSS (CA HMO only)	(800) 711-0917	www.medco.com
PH&S California Region Pharmacy	California, SSS (CA only)	(310) 303-5777	Fax: (310) 303-5778
Group Health (HMO)	Washington, SSS (WA only)	(888) 901-4636	www.ghc.org
Postal Prescription Services (home delivery)	Alaska, Oregon, Washington SSS (PPO only)	(800) 552-6694	www.ppsrx.com
Prescription Assistance Program	Oregon, except SSS located in Oregon	(503) 215-6120 (866) 697-8787	Email: orembenefits@providence.org
Providence Health Plans	Alaska	(800) 221-7339	www.providence.org/healthplans
Providence Health Plans	Oregon, Washington	(800) 878-4445 (503) 574-7500	www.providence.org/healthplans
Walgreens (home delivery) in association with Providence Health Plans	Alaska, Oregon, Washington SSS (PPO only)	(800) 635-3070	www.walgreenshealth.com
WellPartner (home delivery) in association with Providence Health Plans	Alaska, Oregon, Washington SSS (PPO only)	(877) 935-5797	www.wellpartner.com
DENTAL			
DeltaCare USA	California	(800) 422-4234	www.deltadentalca.org/pmi
Washington Dental Service	Alaska, California, Oregon, Washington/Montana, SSS	(800) 554-1907	www.deltadentalwa.com
VISION			
Providence Health Plans	Oregon Alaska	(800) 878-4445 (800) 221-7339	www.providence.org/healthplans
Vision Service Plan	California, Washington/ Montana, SSS	(800) 877-7195	www.vsp.com
LIFE INSURANCE AND ACCIDENTAL DEATH & DISMEMBERMENT (AD&D) INSURANCE			
MetLife	Alaska, California, Oregon, Washington/Montana, SSS	(800) 638-6420	www.metlife.com
LONG-TERM DISABILITY AND SHORT-TERM DISABILITY INSURANCE			
UnumProvident	Alaska, California, Oregon, Washington/Montana, SSS	(877) 851-7637	www.unumprovident.com

LONG-TERM CARE INSURANCE			
Prudential	Alaska, California, Oregon, Washington/Montana, SSS	(800) 732-0416	www.prudential.com/gltcweb Access code: healthltc
FLEXIBLE SPENDING ACCOUNTS			
Health Savings Account: HR Simplified	Oregon	(866) 977-3828	providence.mypretax.com
Health Care and Dependent Care Flexible Spending Accounts: Wage Works	Alaska, California, Washington/Montana, SSS	(877) 353-9236	www.wageworks.com
EMPLOYEE ASSISTANCE PROGRAM			
APS Healthcare	Washington	(866) 271-4718	www.advantageworklife.com/site/1063/login.html, Company code: Providence
Magellan Health Services	Alaska	(800) 478-2812	www.magellanhealth.com
Providence Employee Assistance Program	Oregon	(503) 215-3561 (800) 255-5255	www.providence.org/EAP
ValueOptions	California	(866) 419-4664	www.valueoptions.com
OTHER BENEFITS			
Auto & Home Insurance through MetLife	Alaska, California, Oregon, Washington/Montana, SSS	(800) GET-MET8 [438-6388]	www.metlife.com/mybenefits
Behavioral Health (mental health counseling) through Magellan Health Services	Alaska	(800) 478-2812	www.magellanhealth.com
Behavioral Health (mental health counseling) through medical plan	California, Oregon, Washington, SSS	Refer to medical plan information	Refer to medical plan information
Legal Services through Hyatt Group Legal Plan	Alaska, California, Oregon, Washington/Montana, SSS	(800) GET-MET8 [438-6388]	www.metlife.com/mybenefits
LifeBalance Program	Alaska, California, Oregon, Washington/Montana, SSS	(888) 754-5433	www.LifeBalanceProgram.com
OTHER BENEFITS, CALIFORNIA ONLY (no SSS)			
Health Advocate Services		(866) 695-8622	www.HealthAdvocate.com E-mail: answers@HealthAdvocate.com
PROVIDENCE BENEFITS STAFF CONTACT INFORMATION			
Alaska	(907) 212-6453 / (800) 971-0682	alaska.benefitsteam@providence.org	
California	(888) 847-5727	Benefit.Questions.CA.Region@providence.org	
Oregon	(503) 215-6120 / (866) 697-8787	orempbenefits@providence.org	
System Support Services (SSS)		ssshumanresources@providence.org	
Washington/Montana	(888) 687-3753	wareghrbenefits@providence.org	

\*System Support Services (SSS) employees: use the employee assistance program and behavioral health contacts for the region in which you are located.