

# Volunteer News

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## No One Dies Alone Program Moves to Volunteer Services

**W**e are pleased to announce the move of the No One Dies Alone program to Volunteer Services. Patterned after the program that began at Sacred Heart Medical Center in Eugene, Oregon, the mission of NODA is to make sure everyone at end-of-life is shown a full measure of dignity and respect. NODA meets the needs of those who have no one during their final hours of life.

NODA volunteers offer the gift of compassionate companionship. For most NODA volunteers, it is a calling to journey through the dying process with another person. For family members not able to be present with their loved one, the volunteers provide immeasurable comfort.

In 2011, volunteers responded to the request for bedside companionship 37 times. Vigils ranged from four to 72 hours, with volunteers serving in

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### HELP ME TO REMEMBER

Help me to remember that there is little I need to say and a lot I need to hear...

Help me to remember that sometimes the most important thing I can give is simply my presence, And sometimes nothing more is even wanted.

Help me to remember that all my education, all my training, and all my experience must always be secondary to my presence.

Help me to remember that I must accept and reaccept and reaccept and reaccept the uniqueness of the individual before me.

Help me to remember that I am not here for me... I am here for another.

Dr. Douglas C. Smith and Dr. Theodore J Chapman,  
*Spiritual Healing*

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### Save the date!

Friday, April 27

**Volunteer Recognition and Appreciation Event**

More information on page 2

## NODA Volunteer Positions

The success of NODA depends on volunteers like you. The program offers two different volunteer opportunities. Training is provided.

- **Vigil coordinator**—Schedule a NODA vigil team, making email and phone contact and filling the two-hour shifts with compassionate companions. **A perfect opportunity to serve from home!**
- **Compassionate companion**—Offer comforting companionship to patients at end-of-life. Volunteer as you are available for two-hour shifts. This is flexible to your schedule and lifestyle.

For more information, please contact Tina Morgan, Coordinator, Volunteer Services. Call 907.212.8427 or email [tina.morgan@providence.org](mailto:tina.morgan@providence.org).

**PAMC  
Volunteer Services**

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**MISSION: As people of Providence, we reveal God's love for all,  
especially the poor and vulnerable, through our compassionate service.**

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**We're online, too!**  
alaska.providence.org/  
volunteer.htm



**Rainbows of color!**

Thank you, Alice Regnart, for making colorful cast covers for the Emergency Department, along with a selection of baby hats/socks for the NICU.

two-hour shifts. Services are provided at Providence Alaska Medical Center, Providence Extended Care Center and occasionally at Horizon House.

Whether patients are comatose, able to speak, make eye contact or gesture, NODA volunteers walk away knowing they have met a need, and the patient has passed not only with dignity, but was also not alone. Family members are blessed and have sent notes of appreciation.

NODA volunteers always bring their own personalities to the bedside. Because

hearing and touch are the last of the senses we lose, they might read aloud from something inspirational such as a favorite book or the newspaper, chat with the patient, knit or crochet, or play music. Even in silence, their healing presence is at work.

Training is provided for NODA volunteers. Each vigil is unique and based on the specific needs and wishes of the patient, his or her family, and the care-giving team.

For more information contact Tina Morgan in Volunteer Services at 212.8427.

**Please join us in celebrating Providence volunteers  
at our 2012 Appreciation and Recognition Event**

**When:** Friday, April 27

**Where:** St. Patrick's Parish Hall, 2111 Muldoon Rd.  
Anchorage

**Time:** 4:30 p.m.                      Doors open and sign-in begins  
5-7 p.m.                                Buffet dinner served;  
Certificates of 100+ hours awarded  
7-7:30 p.m.                            Wrap-up

**Please RSVP by April 23 with Linda McDevitt at 907.212.8415 or  
email linda.mcdevitt@providence.org.**