

Providence Extended Care Center  
“Top 10 most frequently asked questions”

**1) What is the difference between the services I receive at a hospital and Providence Extended Care Center (PECC)?**

After your medical condition has been stabilized in the hospital your needs can be met in a skilled nursing facility. Providence Extended Care Center (PECC) is a skilled nursing and rehabilitation facility.

The frequency of your doctor’s visits will typically be much less in a skilled nursing facility than a hospital. While at PECC you can expect to meet your doctor within a few days of admission and then every 30-60 days thereafter. Our nurses will contact your doctor, as needed during your stay with us on 24 hours a day, 7 days a week basis.

Our staff will help you create a home at PECC where life has meaning for each resident and where staff really knows each resident. We are here to help care for your body and your spirit so that your life has as much normalcy as possible.

**2) How will I pay for my stay at PECC?**

Every situation is different and there are various payment sources that may be available to you, including Medicare, Medicaid, Veterans Administration, Insurance and Private Pay. Since you are responsible for the cost of your care we encourage you to work with the hospital’s financial counselor or case manager and our Admission’s office (212-0259) as soon as possible. Obtaining eligibility from Medicare, Medicaid or other payment sources can be complex and we can assist you in the process.

**3) What types of clothes should I bring?**

“Wash and wear” clothes are best. Upon admission PECC staff will label your clothes with your name. We recommend that you bring 7-10 changes of clothing, non-slippery footwear, pajamas, nightgowns, (PECC does have hospital gowns), slippers, a robe and any special toiletry items. We suggest that any special wool clothing be kept at home by the family and used only for a special occasion – holiday, special visit, etc. We do provide laundry services in the facility but we are not responsible for clothing sent to the laundry that should only be dry-cleaned. Your clothing should be checked by you or your family for wear and be repaired or replaced as needed. Be sure to give new or replacement clothing to the nursing staff to be labeled by the facility. If you wish to have your family do your laundry, rather than the facility, please inform the nursing staff so they may set this up.

**4) What else should I bring?**

We encourage the residents to make their room their home. You might bring family photos, calendars, a radio, a telephone, a bedspread, artwork, or anything that will personalize your room to your liking. Rings and other good jewelry should be kept at home if not necessary, as they can get lost. Rings should be observed for good fit as they often become loose and can be lost in bedding. PECC is not responsible for replacing these items if they are lost. We request that all eyeglasses, dentures, walkers (and/or other equipment) be engraved with your name to facilitate return should they be misplaced. Staff can assist you with this.

**5) How will your facility know what I like to eat?**

The dietary staff will meet with you to discuss your likes and dislikes, as well as meeting with you on a weekly basis to select your meals for the upcoming week. The dietary needs of many residents are prescribed by their doctor and we will follow this plan.

**6) Can my family, friends and pets come visit me?**

Absolutely!! Family and friends are welcome to visit during our regular visiting hours, 9:00 am – 8:30 pm, 7 days a week, and at other times if necessary. All guests are asked whom they are visiting and to sign in at the front desk. All pets are required to have a pet pass; forms are available from the Receptionist or in the forms display in the inner lobby.

**7) Will I have my own room?**

Our rooms are double occupancy rooms with a shared bathroom between two rooms. Single rooms are generally not available since there are a limited number of them. The medical and nursing needs of a person are considered in a transfer to a single room

**8) Will my room have a phone and a TV?**

All rooms have a private telephone(s) and TV. You will need a calling card to place long distance calls. You are also welcome to use your cell phone in the building. Basic cable, channels 1-20, is available on all TVs. If you desire additional cable channels please contact the local provider to arrange this.

**9) Can I smoke at PECC?**

PECC is a smoke-free campus, except for residents (and their visitors) who can safely and independently get themselves outside to a “Smoking Zone” on the edge of our property. Staff does not assist residents to the smoking zone. If you want to smoke you will first need to be assessed by nursing staff for safety.

**10) What other services are offered at PECC?**

Along with 24-hr nursing services, we also offer rehabilitation. We have therapists on site that can see you, if ordered by a physician, for physical, occupational, speech or respiratory therapy.

We also offer:

- Social Work Services
- Activities Programs
- Religious Services
- Resident Bank
- In-house Pharmacy
- Gift Shop

We do have several facility pets that live at PECC or are in the facility on a regular basis including dogs, cats and birds.

We hope that this answers any immediate questions you might have. We realize that the admission process to PECC is a period of change and encourage you to ask any additional questions that you may have. Please feel free to contact our Admissions Office at 212-0259 or visit us online at [www.providence.org/alaska](http://www.providence.org/alaska)