Daily Soups
Our fresh soups are scratch-made in house daily.

Sunday
Chicken Noodle ♥

Monday
Leek and Potato Soup ☀

Tuesday
Curried Chicken & Rice

Wednesday
Broccoli Cheese Soup

Thursday
Coconut Curry & Butternut Squash Soup ☀

Friday
New England Clam Chowder

Saturday
Cream of Mushroom

Café Hours
Weekly 6:30am - 8:00pm
Limited Night Café Monday - Friday 10:00pm - 2:30am
Self Serve Breakfast from 6:30am - 10:30am
Lunch service begins at 11:00am
Sandwich Station ~ Monday - Friday 11:00 - 1:30pm
Sauté Station ~ Monday - Friday 11:15am - 1:00pm and 3:00pm - 6:00pm
Entrée Station ~ 11:00am - 7:00pm
Soup Station ~ 11:00am - 8:00pm

PAMC Café Menu

Week 2
April 26—May 2

Entrée Station

Sunday
Sweet and Sour Pork, Steamed Rice ♥ ☀
Chicken Divan, Wild Rice Pilaf ☀
Veggie/Legume ~ Vegetable Medley♥ ☀, Garbanzos ☀

Monday
Tilapia with Mango & Black Bean Salsa, Steamed Rice ♥ ☀
Coconut Chicken Curry, Basmati Rice ♥ ☀
Pot Roast, Mashed Potatoes ☀
Veggie/Legume ~ Peas and Carrots♥ ☀, Pinto Beans♥ ☀

Tuesday
Portobello with Sun Dried Tomatoes ♥ ☀
Chicken Fajitas, Tortilla Bowl ☀, Cilantro Lime Rice♥ ☀
Mongolian Beef, Steamed Rice ♥ ☀
Veggie/Legume ~ Tuscan Blend♥ ☀, Black Eyed Peas♥ ☀

Wednesday
Salmon with Blueberry BBQ Sauce, Rice Pilaf♥ ☀
Chicken Marsala, Fettuccini Pasta ☀
Chicken Strips, Tater Tots ☀
Veggie/Legume ~ Collard Greens suspicion ☀, Savory Garbanzos♥ ☀

Thursday
Pulled Pork Sandwich, Kohlrabi Coleslaw ☀
Spaghetti and Meatballs, Pesto Parmesan Breadstick ☀
Bourbon Chicken, Vegetable Fried Rice ☀
Veggie/Legume ~ Turmeric Cauliflower♥ ☀, Navy Beans ☀

Friday
Lemon Herb Seafood Cod, Quinoa Pilaf♥ ☀
Beef Meatloaf with Tomato Glaze, Mashed Potatoes ☀
Chicken Cordon Blue, Steamed Rice ♥ ☀
Veggie/Legume ~ Buttered Corn ☀, Baked Beans

Saturday
Beef Pot Roast, Mashed Potatoes ☀
Chicken and Cheese Crispitos, Refried Beans ☀
Veggie/Legume ~ Mexican Medley♥ ☀, Lentils♥ ☀
Healthier Options ♥ ~ Lacto-Ovo Vegetarian ☀

Sauté ~ Sandwich ~ Salad
Tofu may be substituted for the meat on any of the salads

Monday
Street Tacos - Chicken Tinga or Ground Beef Tacos with, Pinto Beans and Spanish Rice
French Dip - Roast Beef & Swiss Cheese, Toasted on a French Roll, Served with Au Jus
Sweet Kale & Chicken Salad - Crispy Chicken, Chopped Kale, Greens, Dried Cherries, Candied Walnuts, Crumbled Feta with a Honey Jalapeno Dressing

Tuesday
Honey Sriracha Chicken Bowl - Crispy Baked Chicken Bites Tossed in a Honey Sriracha Glaze served over Rice with Your Choice of Vegetables
Meatball Sub - Beef Meatball Sub on a Garlic Butter Baguette with Sweet Marinara Sauce, Roasted Peppers and Onions, Provolone Cheese and Fresh Basil Garnish.
Sesame Chicken Salad - Diced White Meat Chicken, Romaine, Cucumber, Mandarin Oranges and Crunchy Chow Mein Noodles, with an Asian Sesame Dressing

Wednesday
Chicken Tortilla Soup - Create your own with seasoned Chicken your choice of beans, vegetables and garnish
Turkey Caprease Melt - Sliced Turkey, Provolone Cheese and Tomato with Pesto Mayo on a Ciabatta Roll, garnished with Balsamic Glaze and Fresh Basil
Pad Thai Steak Salad - Marinated and Slow Roasted Beef Strips, Bell Peppers, Carrot Shreds, Red Cabbage, Bean Sprouts and Romaine with a Thai Peanut Dressing, Cilantro, Green Onion and a Sprinkle of Chopped Peanuts.

Thursday
Roast Beef - Carved Roast Beef, Chef Choice Potatoes, Vegetable Blend, Au Jus or Beef Gravy
Buffalo Crispy Chicken Wrap - Crispy Chicken, Lettuce, Tomatoes, Blue Cheese Crumbles and Spicy Buffalo Mayo
Glazed Chicken, Apple and Spinach Salad - Bourbon Glazed Sliced Chicken with Fresh Apple, Crumbled Bacon, Cherry Tomatoes, Slivered Almonds and Spinach Greens with a Creamy Honey Vinaigrette

Friday
Chicken Wings - Your Choice of Sauces served with Energy Slaw and Baked Beans
Banh Mi - Seasoned Pulled Pork, Sliced Ham, Carrot, Cucumber, Onion and a Cilantro Garnish with Spicy Chili Mayo on a Toasted Baguette
Cranberry Cobb Salad - Turkey, Bacon, Romaine, Red Onion, Egg, Dried Cranberries, Crumbled Bleu Cheese and a Creamy Honey Vinaigrette