

Telehealth Diabetes Education at PKIMC Specialty Clinic

What Is Telehealth Diabetes Education?

- Certified diabetes educators located in Oregon use live videoconferencing over a computer screen to provide education and support for people with diabetes in Kodiak.
- It is similar to Skype or Facetime, except the connection is encrypted and secure.
- Education includes meal planning, problem solving, exercise, medication management and insulin training for patients with Type 1, Type 2 or gestational diabetes.
- Both patients and providers rate Providence Oregon telehealth diabetes education as good as, or better than, face-to-face diabetes education.

How Does It Work?

- Ask your doctor to fill out a referral form and fax it to us. Your doctor can obtain a referral form from Specialty Clinic.
- We will call you within two business days to schedule your visit.
- You will check in at Specialty Clinic and be escorted to the private telehealth room.
- The educator will dial in and appear on-screen. It is like talking with your provider, except the educator is on-screen, not physically in the room.
- You can schedule additional visits with your diabetes educator as needed, and you can bring a support person with you.
- Your educator will send your doctor a copy of the chart note after each visit.
- Telehealth diabetes education is covered by Medicare, Medicaid and commercial insurers, often without a copay or deductible.
- Financial assistance is available for those who qualify.

Meet the Educators



Jodi Moon, MS, RD, CDE
Certified Diabetes Educator

- Bachelor of Science in Dietetics
Oregon State University
- Internship,
Medical College of Virginia
- Registered Dietitian
- Certified Diabetes Educator



Sonya Kauffman Smith, RD, CDE
Certified Diabetes Educator

- Bachelor of Arts in Dietetics
Goshen College
- Dietetic Internship
OSF St. Francis Medical Center
- Certified Diabetes Educator
- Certificate of Training
Adult Weight Management,
Change Facilitation and Health
Coaching

Specialty Clinic
907-486-9580



PKIMC Specialty Clinic Telediabetes Education – FAQ for Patients

What is Telediabetes education?

- Certified Diabetes Educators located in Oregon use live videoconferencing over a computer screen to provide education and support for people with diabetes in rural Alaska.
- It is similar to Skype or Facetime, except the connection is encrypted and secure.
- Education includes meal planning, problem solving, exercise, medication management, insulin training, and more for patients with Type 1, Type 2 or gestational diabetes.
- Fun fact: The high definition video is so good that you can read the small print on a pill bottle.

Why connect with diabetes educators in Oregon?

- There are few diabetes educators in rural Alaska. Providence Oregon has proven success with providing Telediabetes education. They have the experience and the infrastructure to support it.
- Both patients and providers rate Providence Oregon Telediabetes education as good as, or better than, face-to-face diabetes education.

How does it work?

- Ask your doctor to fill out a referral form and fax it to us. (If your doctor doesn’t already have our referral forms, s/he can contact the Specialty Clinic to get them.)
- We will call you within two business days to schedule your telediabetes visit.
- You will check in at the Specialty Clinic, and be escorted to the cozy, private telehealth room.
- The educator will dial in and appear on screen. No need for you to touch the computer! It is just like talking to any provider, except that the educator is on screen, not physically in the room.
- You can schedule additional visits with your diabetes educator, as often as needed, and you are welcome to bring a support person to your visits.
- Your educator will send your doctor a copy of the chart note after each visit.

Is Telediabetes education covered by insurance?

- Yes, diabetes Telediabetes education is covered by Medicare, Medicaid and commercial insurers, often without a copay or deductible.
- Providence offers financial assistance to those who qualify.

Who do I contact for more information?

| Local Contact | Referral or Scheduling Questions | Program or Clinical Quality |
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| Sonya Mortenson, RN Visiting Specialist Clinic Phone: (907) 486-9580 Email: sonya.mortenson@providence.org | Phone: 855-360-5456 Fax: 503-215-6240 Email: diabeteseducation@providence.org | Kathy Schwab, MPH, RD Diabetes Program Manager Phone: 503-893-6647 Email: kathy.schwab@providence.org |