

Providence Alaska Medical Center

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Welcome!

Thank you for choosing Providence Alaska Medical Center for your surgical experience. This letter is to provide you with some important information for the day of your procedure.

On the day of your procedure/surgery:

1. Do not eat or drink anything at least 8 hours prior to your scheduled procedure unless instructed otherwise by your physician.
2. Only take the medication that you were instructed to take on the day of the procedure.
3. Check in at the Day Surgery front desk located at **ENTRANCE 2** two hours before your scheduled surgery.
4. Bring a photo ID, insurance card, and a list of any updated medications.
5. Wear loose comfortable clothes.
6. **DO NOT WEAR** any jewelry, piercings, make up, lotions, or nail polish.
7. Contact your physician with any changes to your physical condition.

We will place your personal belongings in a locked room while you are having your surgery/procedure. However, it is important to leave important papers, credit cards, money in excess of \$10, keys or any other items of value at home or with a family member. If you are unable to do so please tell a staff member and we can arrange for your items to be stored in a safe until you are discharged. Providence Alaska Medical Center assumes no responsibility for personal property retained by the patient.

For any additional questions feel free to contact a nurse in the Preoperative Clinic at 907-212-6013.

We are looking forward to caring for you and your family soon.