

# Providence Health Talk

## The year in medicine from cancer vaccines to fish oil to Vitamin D

22nd annual presentation to the Alaska community

Get the latest information on healthy living and dietary supplements at our free community presentation by Mark Moyad, M.D., with a special emphasis on heart health and cancer prevention. Dr. Moyad will share the most current research on which supplements have proven to be effective in treating common health conditions.

This free Health Talk is presented by the Providence Cancer Center and is open to the public.

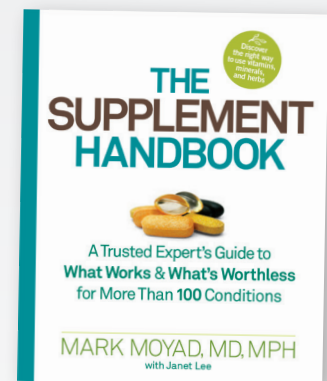


### Presenter bio:

.....  
**MARK A. MOYAD, M.D., MPH**

University of Michigan Medical Center  
Jenkins/Pokempner Director of  
Complementary & Alternative Medicine

.....  
Mark Moyad, M.D., MPH, is a practicing physician, healthy lifestyle advocate and the primary author of more than 130 medical journal articles and numerous books, including "The Supplement Handbook: A Trusted Expert's Guide to What Works and What's Worthless for More than 100 Conditions." Dr. Moyad is the only physician in the U.S. with an endowed position to study vitamins, minerals, herbs and other supplements.



**Tuesday, Sept. 11, 2018**

6-8 p.m.

Providence Health Park, Room U2281

(located on the second floor)

3851 Piper St., Anchorage

**For more information, call 212-6870.**

 Find us on  
**Facebook**

Become a fan of **Providence Alaska Medical Center** and get updates on local events, Health Talks and screenings.